



African American Health Program



AAHP Aging subcommittee post will begin hosting monthly events to discuss memory health issues in collaboration with local Black Churches. These activities will culminate in an Alzheimer's event, "Memory Sunday," which will take place on the 2nd Sunday in June.

Memory Sunday is based on guidelines established by The Balm in Gilead's Brain Health Center for African Americans (BHCAA), a respected organization dedicated to improving the health and wellness of Black communities. BHCAA incorporates the influence of African American churches to deliver educational information about ways to reduce the risk of developing dementia and provide support to people living with Alzheimer's and their caregivers.

POST-SUMMIT CAMPAIGNS:

- By partnering with local churches, we aim to reach a broader audience and provide resources to those who may be affected by these challenges.
- Share educational materials and resources with your members.
- Host events or discussions at your church to raise awareness about Alzheimer's and related memory disorders.

MONTHLY ACTIVITIES:

- Using the Alzheimer's Awareness toolkit, we will take you on a journey of self-care and learn about resources available.
- Gain insights into Alzheimer's and related memory disorders through informative workshops.
- Engage in open dialogues to share experiences and knowledge regarding memory health.
- Connect with others facing similar challenges and receive the support you need.

2X

Alzheimer's is 2 times more prevalent among African Americans than White Americans

Source: Alzheimer's Association

4TH

Alzheimer's is the 4th leading cause of death among older African Americans.

Source: UsAgainstAlzheimer's

6.9 MILLION

"The number of African-Americans age 65 and over will more than double by 2030, from 2.7 million in 1995 to 6.9 million by 2030."

Source: Alzheimer's Association

CONTACT US:

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